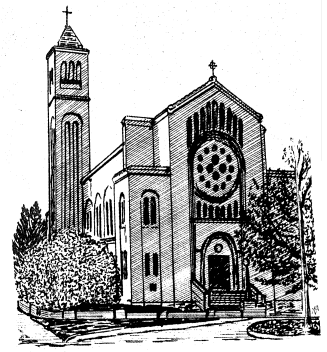


St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

20th Sunday in Ord.
Time, Year A
20th August 2023

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Alexander Osborne



YEAR OF THE
HOLY SPIRIT
August 2023– 2024

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: www.bpoint.com.au/payments/sccp
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday
Accounts Officer: Karina Widjaja—8am-4pm Friday

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am
5.00pm

St Peter Chanel's

Cnr Weston & Loch Streets, Yarralumla ACT

Saturday: 6.00pm Vigil

Sunday: 9.30am

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday (& Public Holidays):
9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Saturday: 5.15 - 5.45pm

Adoration

St Christopher's

Monday to Friday: 5.00-6.00pm

Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun 4:45pm

Baptisms

2nd & 4th Sundays: 12.30pm

Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

FIRST HOLY COMMUNION

This week we have just over forty children receiving their first Holy Communion. They come from both our school of religion and from St. Bede's primary school. First Holy Communion is a beautiful moment, one of the most precious moments in our lives. We should thank God for the gift of these good children and we ought to pray for them as they grow closer to Jesus. It is also, a great opportunity for us who might be up to our thousandth or ten thousandth communion, to remember and reflect on the most precious gift that God gives us.

Mass is complicated but it gives us the greatest gift that there is.

It can feel sometimes that going to Mass is about sitting, kneeling, standing, saying the responses either too slow or too quick. We can easily feel like we don't know what to do or to say. Believing in God but not really understanding why He wants such complicated prayers.

We can feel like Mass is a chore, doing something good for God, but confusing for ourselves.

I will be the very first one to say that we belong to a complicated religion, that Mass is beautiful, but it is perhaps not the easiest thing to understand. Let's say what Mass is not:

Mass is not about saying that we are perfect – trust me, the people who come to Mass and try to show off or look good only ever end up embarrassing themselves.

Mass is not about pretending to have all the answers – not even the apostles knew it all.

Mass is not about me or about you, it isn't even about our community either.

Mass is about Jesus. Mass is about doing what he told us to do, it is about understanding His word, and receiving Him in the Eucharist. If we are a community, we're a community because of Him.

Seeing Jesus is the key to understanding our Mass. He makes these long prayers and pauses make sense. We come to Mass to be with Him, to be faithful to what He asked us to do, to listen to His word and to learn from Him. Most important of all is our receiving Him in the Eucharist.

Here we take the very presence of God into ourselves. Even after two thousand years Jesus still makes himself present to us. God gives us everything that he can give us, He gave us his life on the cross, and He still gives it out to us now, in the sacrifice of the Mass. He gave his disciples His body in the last supper and now He gives himself out to us here. The Mass is the closest we can get to heaven whilst still here on earth. As we take His resurrected body, it gives us the hope of sharing His eternal life.

Let us pray for our children receiving the greatest gift, and let us pray that all of us grow in deeper love and reverence of the Most Holy Body and Blood of Jesus,

Fr. Alex



NOTICES

PARISH MINISTRIES

Director of Music
Ms Jaki Kane

RCIA

Miss Becky Langworthy
Contact Office

School of Religion

Miss Chiara Catanzariti

Youth Ministers

Mr Andre Le
youth.cathedral@cg.org.au

Weekly Liturgical Calendar

Mon Aug 21 20th Week in Ord. Time
St Pius X

Tues Aug 22 20th Week in Ord. Time
Our Lady Mother and Queen

Wed Aug 23 20th Week in Ord. Time
St. Rose of Lima

Thu. Aug 24 20th Week in Ord. Time
St. Bartholomew, Apostle

Fri. Aug 25 20th Week in Ord. Time

Sat. Aug 26 20th Week in Ord. Time

Sun Aug 27 21st SUNDAY ORD.TIME

PARISH GROUPS

St Vincent de Paul

Good Shepherd Prayer Group
Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation
Saturday at 4:30pm SPC

Other Communities

Spanish Community
First Sunday of the month at
11.30am SPC

African Community
Second Sunday of the month at
11.45am SPC **begins Feb.**

Filipino Community
First Sunday bi-monthly at
5.00pm SPC

**For details of any of the
above, contact the Parish
Office.**

IMPORTANT NOTICES:

- St Peter Chanel's 10am Thursday Mass will **discontinued** at the end of August. Mass at John James Calvary will be available at 10:30am starting from 7 September, each Thursday..

EVANGELISATION— The Bishops Commission for Evangelisation, Laity and Ministry recent document offers a scriptural and theological reflection on the proclamation of the Gospel through the lenses of encounter, discipleship and mission. Drawing on seminal documents on evangelisation, including from Paul VI, John Paul II, Benedict XVI and Francis. *Evangelisation* can be downloaded directly from <https://bit.ly/Evangelisation2023>

The Year of the Holy Spirit (Aug 2023-2024) – From Aug 15. In addition to the Pastoral Letter available on our website, Archbishop Christopher has provided further details & resources, also available on our website - 4 Focus areas & recommended background reading. Intro video: [youtube.com/watch?v=SC3cOLgY_wk](https://www.youtube.com/watch?v=SC3cOLgY_wk)

Reading 'Round the Windows – St Christopher's Cathedral Book Club: St Peter Chanel: First Martyr of the South Pacific by Philip Graystone S.M. Discussion at Haydon Hall at 6:30pm on Friday 25 August.

Catechesis with Fr. Alex — Every Monday 6:30-8pm at Haydon Hall, food and wine provided. Our next topic will be **'What is the Church?'**

An Introduction to the Prophets: A Biblical Perspective — Frank Selch of the ACT Jewish community will give the first of a series of talks on the prophets, followed by a discussion and light refreshments. Members of all Christian denominations are warmly invited to attend this interfaith event. The lecture will be held at 2.30pm, Sunday 20 August at the National Jewish Memorial Centre, 31 National Circuit, Forrest. Please register to attend at <https://www.actjc.org.au/event/PropTenakh-1>

THE CANBERRA BACH ENSEMBLE — *'The Lord is my Faithful Shepherd'*. Choir, orchestra, and soloists, directed by Andrew Koll, will be performing JS Bach's 'Shepherd' Cantatas BWV 104, 85, 112 and the Mass in F, BWV 233 on Saturday 2 September at 7.30pm, and Sunday 3 September at 2.00pm at St Christopher's Cathedral. For more info and to purchase tickets, please visit

www.canberrabachensemble.com

RCIA/ADULT FAITH FORMATION 2023-24 - are you interested in becoming Catholic or learning more about our Catholic faith? The *Rite of Christian Initiation for Adults* (RCIA) is a course for all wishing to deepen their knowledge of the faith, as well as for those preparing for adult Baptism and Confirmation. We meet on Thursday evenings at 6pm, commencing the first week of October 2023. Please contact the Parish Office for further information or to register.

LIVING IN GOD'S DIVINE WILL— A retreat to explore the deeper mystical journey of the soul's interior life. Present by Fr Hugh Thomas CSsR and Fr Emil Milat. **5pm 25 August to 1pm 27 August.** Book directly with St Clements Retreat Centre at info@stclement.com.au / 02 63805222 For further inquiries please contact Fr Emil Milat at emil.milat@cg.org.au

NOTICES

Giving and Receiving— Direct debit and QKR options are available, as well as TapnGo machines Thank you sincerely for your generosity. If you are able, perhaps consider donating to 1st and 2nd collection via direct debit .
The First collection: contributes to clergy of the Archdiocese. If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL
Bank Account: 000029248 Reference: FORREST & SURNAME

The Second collection: contributes to parish mission and maintenance. If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! instructions, visit cgatholic.org.au/2016/10/something-beautiful-god/

Thank you for your generosity

ARCHBISHOP'S PASTORAL LETTER—YEAR OF THE HOLY SPIRIT— Find the Archbishop's full letter on our website <http://cg.org.au/cathedral/Home.aspx>

GIVING STATEMENT— From the 1st July 2021, tax deductions became no longer available for Planned-Giving in Canberra parishes. 5% of Planned Giving in each parish was previously given to the *Canberra Catholic Schools Building Fund*; the only tax deductible component of your offering. That Fund is no longer attached to our parishes. Tax deductibility remains for special Archdiocesan donations e.g. The *Annual Retired Priests' Collection*. Therefore, tax receipts can no longer be issued. However a statement of giving is available. Please contact the parish office.

This month **AID TO THE CHURCH IN NEED** is raising money to support Sisters in Paraguay. These Sisters not only care for the young in Paraguay but also support the families, visit the sick and the elderly, bring Holy Communion to those in need, give catechetical instruction and support disadvantaged with practical help and advice. To learn more and to make an offering visit www.aidtochurch.org/monthlyproject .

CARETAXI: SAFE CHURCH TRANSPORT— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit caretaxi.com.au, or 0451 734 334.

VINNIES WINTER APPEAL 2023— Support older women facing homelessness in the ACT & surrounding region. This winter, Vinnies are aiming to raise \$400,000. These funds will provide emergency accommodation, food, clothing, medical costs and more. Please donate . 13 18 12 or visit www.vinnies.org.au

BIBLE STUDY— St Raphael's , Queanbeyan on Thursday 6.30-7.30pm. Adults from 18 to 40 are welcome. For more information, contact David on 0415286080



Year of the Holy Spirit

PRAYER TO THE HOLY SPIRIT FOR THE ARCHDIOCESE

O God, who by the light
Of the Holy Spirit,
Did instruct the hearts
Of the faithful,
Grant that by the same
Holy Spirit we may be
truly wise and ever rejoice in His
consolations.
Through the same
Christ our Lord

Amen.

AUGUST 2023— AUGUST 2024

We pray for...

Those to be baptised: Edmund Francis Westerlaken

Those who are ill: Tony Dickins, Catherine Cleary, Rosa Mustapic, Marilena Damiano Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Kevin & Geraldine Conlon, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

Anniversaries of death: Gabriella Antonelli, Marie Hargraves, Marjorie Kenny, Amelia LoPilato (One year Anniversary), Bruna Stevenson, Maria Memmolo, Clare O'Connor, Rosa Morabito, Pat Boyle, Alejandro & Orlando Cerda, Alex Skleplic, Petty Gonsalvez, Paul Ryan, Francesco & Francesca Barbaro, Joan Kaucz, Anka Gnjec, Tulla & Sam Brown, Gwen & Mick Gallagher, Michael O'Brien, Odette Gaspardis, Michael McKeown, Teddy Kartadinata, Flo Daley, Fr Vincent Dowdy, Amelia Kneipp, William Saw, Anna Kieswimmer, Margaret Mary Kelly, Kath Durie, Annie James, Eileen Biggs, Annie Davis, Sr Gertrude Ryan, Michael Heath, Michael O'Connor, Cardinal EB Clancy, Fr Giuseppe Canova, Fr Adrian Cork, James Rice, Kit Dale, Rita Dodson, Noel Honan, Patricia Robertson, Charlie Morella, Norman Stevenson, Clive Waldren, Clarita Flores, Laurus Westende, Thomas Bradshaw, Kathleen Ford, Christopher Ford, Adrienne Brown, Rodrigo de Guzman, Marie Therese Pocock, Kevin and Peg Guthrie, Fernando Antonelli, Mark Doyle, Nuala Boyce Redhead

Recently Deceased: Basilio Dias, Fr Laurie Beath (brother of Fr Greg Beath), Fr Rafael Cabezon OP, Leena Dias (Mother of Fr Norvin Dias), Dale Brede,

20th Sunday in Ordinary Time —Year A — 19/20 August

Cathedral QR code

Entrance Antiphon: Turn your eyes, O God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere.

Responsorial: O God, let all the nations praise you!

Gospel Acclamation: Alleluia, alleluia! Jesus preached the Good News of the kingdom and healed all who were sick. Alleluia!

Communion Antiphon: With the Lord there is mercy; in him is plentiful redemption.

First Reading

Isaiah 56:1,6-7

Thus says the Lord: Have a care for justice, act with integrity, for soon my salvation will come and my integrity be manifest. Foreigners who have attached themselves to the Lord to serve him and to love his name and be his servants – all who observe the sabbath, not profaning it, and cling to my covenant – these I will bring to my holy mountain. I will make them joyful in my house of prayer. Their holocausts and their sacrifices will be accepted on my altar, for my house will be called a house of prayer for all the peoples.

Second Reading

Rom 11:13-15,29-32

Let me tell you pagans this: I have been sent to the pagans as their apostle, and I am proud of being sent, but the purpose of it is to make my own people envious of you, and in this way save some of them. Since their rejection meant the reconciliation of the world, do you know what their admission will mean? Nothing less than a resurrection from the dead! God never takes back his gifts or revokes his choice. Just as you changed from being disobedient to God, and now enjoy mercy because of their disobedience, so those who are disobedient now – and only because of the mercy shown to you – will also enjoy mercy eventually. God has imprisoned all men in their own disobedience only to show mercy to all mankind.

Gospel

Mt 15:21-28

Jesus left Gennesaret and withdrew to the region of Tyre and Sidon. Then out came a Canaanite woman from that district and started shouting, 'Sir, Son of David, take pity on me. My daughter is tormented by a devil.' But he answered her not a word. And his disciples went and pleaded with him. 'Give her what she wants,' they said 'because she is shouting after us.' He said in reply, 'I was sent only to the lost sheep of the House of Israel.' But the woman had come up and was kneeling at his feet. 'Lord,' she said 'help me.' He replied, 'It is not fair to take the children's food and throw it to the house-dogs.' She retorted, 'Ah yes, sir; but even house-dogs can eat the scraps that fall from their master's table.' Then Jesus answered her, 'Woman, you have great faith. Let your wish be granted.' And from that moment her daughter was well again.

READERS ROSTER AUGUST

		Lectors		Eucharistic Ministers	
Mass	19/20 Aug	26/27 Aug	19/20 Aug	26/27 Aug	
5.00pm (SCC)	Becky Langworthy Dorilyn Desuyo	Stewart Unwin Leszek Buszynski			
6.00pm (SPC)	Mike Nash Zvon Seselja	Felicity de Fombelle Fiona Wheeler			
8.00am (SCC)	Louise Zavone Joe Zavone	Marcus Smith			
9.30am (SPC)	Lynn Chan Jaye Corcoran	Wanda Kaucz Raphael Molu			
11.00am (SCC)	Jacqui Ramesh Leeann Galloway	Bianca Goh Patrick Beer	Edwina Hyman Bronwen Grey		Edwina Hyman Leeann Galloway
5.00pm (SCC)	Anthony Brierley Sarah Miron	Becky Langworthy Kevin Woods			

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**St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick,
Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla**